Make sure your boat has the following items onboard:

- Alcohol 70°
- Soap
- Alcohol gel
- Paper towel
- Face masks
- Fishing gloves
- Bleach or chlorine
- Medicine for fever (antipyretics*)
- First aid kit
- Trash can with foot opening (not manual)

* Among the antipyretics the recommended is paracetamol.

Before boarding your crew, the boat must be washed with detergent and then it must be disinfected with a 0.5% solution of sodium hypochlorite (bleach or chlorine) or with a 0.1% quaternary ammonium solution, spraying all equipment and compartments of the boat.

If the bleach or chlorine used has a concentration of 5%, prepare the disinfecting solution in this way:

**FOR SURFACES (0.5% SOLUTION)**

- 1 LITER OF WATER
- 100 ml of bleach or chlorine (or 10 tablespoons).

**FOR FOOD (0.05% SOLUTION)**

- 1 LITER OF WATER
- 10 ml bleach or chlorine (or 1 tablespoon)

Disinfect materials and food that come from abroad following official recommendations for the prevention of COVID-19.

Follow the "Good Handling and Hygiene and Sanitation Practices Program" of your boat.
RECOMMENDATIONS FOR THE CONTROL OF COVID-19 BEFORE BOARDING.
A RESOURCE FOR THE SHIPOWNERS.

5 HEALTH CONTROL OF YOUR CREW.
Do not allow boarding of crew members who are part of a high risk group or who have a body temperature greater than 37.5 °C or any of the symptoms associated with COVID-19. Request an affidavit of good health from your crew.

6 SYMPTOMS ASSOCIATED WITH COVID-19.
If you or your crew members have any of these symptoms, do not get onboard the boat:
- Fever.
- Dry cough.
- Sore throat.
- Difficulty breathing.
- Stuffy and runny nose.
- Muscle pain and/or headache.
- Chills

7 BOARDING.
Board only at authorized docks that have a COVID-19 prevention and control protocol.
Keep up to date all the mandatory documents to start fishing, such as sanitary authorizations, fishing permits and others.

8 CONTROL OF THE CREW CLOTHING.
Require your crew to wear clean and sanitized work clothing.

9 CREW HYGIENE CONTROL.
Before boarding the boat, your crew members must disinfect their clothing with an alcohol-based water solution and their shoes with a solution of water with bleach or chlorine, preferably wash their hands with plenty of soap and water for 20 seconds or, alternatively, use 70 ° alcohol or gel alcohol on the hands.
If a crew member leaves the boat the disinfection procedure MUST be repeated.

10 CREW AWARENESS.
The crew must be properly informed regarding new security and prevention measures. Organise a meeting about the importance of complying with the measures and also place these measures in a visible place on the boat.

If you can, use an infrared thermometer.