

1 REMEMBER

The boat must be a COVID-19-free place.

For this to happen, **before boarding**, the crew must follow physical distancing, good hygiene practices, and the boat should be disinfected.

Check out these recommendations at www.pescalibredecovid19.org.



2 SANITARY MEASURES

- * Designated personnel must wash and disinfect the vessel's operating areas at least once a day.
- * Each crewmember must handle their own food and personal hygiene utensils.
- * The crew members should wash or disinfect their hands frequently (before eating, before touching their faces, and after finishing a task).

3 CORRECT HAND WASHING

- 1 Wash your hands for at least 20 seconds with soap and water.
 - 2 Remember to wash between your fingers, the back of your hand, and your nails.
 - 3 Use paper towels or a personal towel to dry yourself.
- * **Alternative:** Disinfect your hands with 70% alcohol or gel alcohol.

4 PERSONAL PROTECTIVE EQUIPMENT (PPE)

Remember to always wear your personal protective equipment during work, including a mask when you cannot keep at least a meter of distance between yourself and another crew member.



RECOMMENDATIONS FOR THE CONTROL OF COVID-19 during fishing



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IF YOU NEED TO COUGH OR SNEEZE

- 1 Stay away from any already-captured fish.
- 2 Cover your nose and mouth with your bent elbow or with disposable tissues, which should be discarded immediately.
- 3 Before restarting your work, wash or disinfect your hands or fishing gloves.

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PROPER DISPOSAL OF WASTE

Food waste and its containers must be placed in a bin with a garbage bag inside. Once in port, the bag should be closed, disinfected, and placed in landing site trash containers.

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DISEMBARKATION

- * Landing of product must be carried out in accordance with the "Good Handling Practices and Hygiene and Health Programs" of the boat.

- * La tripulación que regrese a casa debe llevar su ropa de trabajo para su lavado.

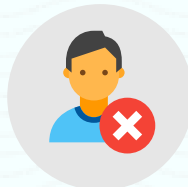


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IN CASE A CREW MEMBER PRESENTS SYMPTOMS OF COVID-19 DURING FISHING

The captain is obliged to:

- 1 Isolate the crew member according to the protocol established by the health authority.
 - 2 Return to the nearest port*.
 - 3 Report the event to the Port Captain's Office, so that they can inform the port to which they are heading.
 - 4 The port administrator must immediately inform the health and fisheries health authorities so that the necessary protocols can be activated.
- * Due to the small size of artisanal vessels, it is impossible to correctly isolate a suspected COVID-19 patient and avoid contagion among the crew. Therefore, it is recommended to suspend fishing immediately.



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ISOLATION OF A CREW MEMBER SUSPECTED OF HAVING COVID-19 ON VESSELS

Until the arrival of emergency services, try to follow these recommendations to isolate the crew member:

Designate an isolation space on the boat, separate his utensils, and use a container with an internal bag for any waste generated.

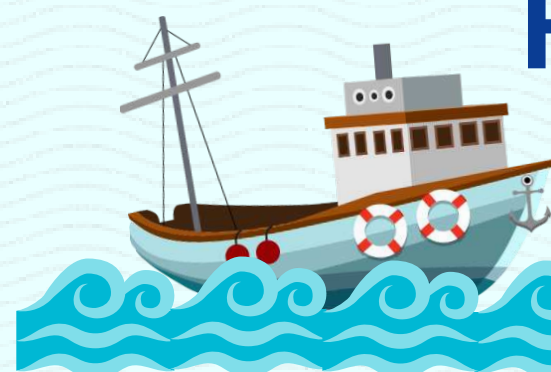
The entire crew must wear a mask whenever it is not possible to keep a meter of distance from each other.



Restrict contact with the suspected case and disinfect surfaces daily, paying special attention to hand washing.

The suspected crew member should remain hydrated and take antipyretics (paracetamol) if he develops a fever.

RECOMMENDATIONS FOR THE CONTROL OF COVID-19 *during fishing*



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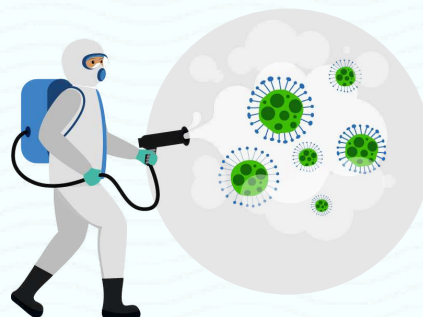
ARRIVAL WITH A SUSPECTED CASE OF COVID-19

Having been exposed to a suspected case of COVID-19, the entire crew must go through an observation period to rule out possible contagion.



The crew must remain on board, isolated, until the health authorities conduct COVID-19 screening tests.

If the health authority permits, the crew members may conduct their isolation in their homes. They must strictly follow instructions until they are discharged by the health authority.



The boat must be disinfected immediately. We recommend hiring authorized personnel and requesting a certificate.

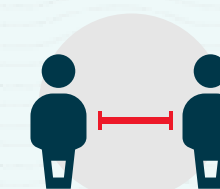
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RECOMMENDATIONS FOR PERFORMING HOME ISOLATION

Stay in a properly ventilated single room. If not possible, wear a mask and maintain physical distance from other people.

The patient must stay hydrated, eat nutritious food, and avoid physical activity.

If possible, designate exclusive use of a bathroom. This and all surfaces touched by the patient should be disinfected daily.



Any clothes, dishes, sheets, and towels used by the patient should be washed separately and with hot water.

The patient and their whole family should wash their hands frequently and cover their mouths properly when coughing.

Minimize the use of shared spaces.